

CDS Band Camp Packing List

YOU MUST HAVE:

- ___ Back pack to carry your day supplies around the camp.
- ___ Old beach towel to do stretching on in the morning
- ___ Instrument, Equipment and supplies (mouthpieces, reeds, tape, cleaning etc.)
- ___ Show Music (large pages) in a notebook (plastic pages) and **Pencils**
- ___ Flip folder for music w/10 pages for small music (stand tunes)
- ___ Folding Music stand
- ___ Sleeping Bag and twin fitted sheet for the bed in the cabin and Pillow
- ___ Pajamas
- ___ Long pants—Two (2) pair
- ___ Short pants—Two to three (2-3) pair (Minimum inseam 3-1/2 inches)
- ___ T-Shirts – six (6) (No Halter tops or backless shirts, No bare bellies)
- ___ Socks and Underwear for six (6) days: six **changes** of underwear and socks
- ___ Raincoat or poncho (it does rain!)
- ___ Jacket and/or sweatshirts
- ___ Hat – **MUST HAVE** should cover entire top of head and back of neck - visors are not adequate.
- ___ Tennis/Running shoes only – no skate shoes (shoes should be comfortable and broken in) Note:
Shoes are required at all times at camp so you may want to bring two (2) pair NO
SANDALS, except for flip flops for the shower
- ___ **Personal items:** Deodorant, soap, shampoo, comb, brush, toothbrush & toothpaste, insect repellent, Kleenex, sanitary supplies, SUNSCREEN (SPORT TYPE/ SWEAT PROOF), protective lip balm, aloe for sunburn, ace bandages, Icy Hot, and contact lens supplies.
- ___ Personal Prescriptions & medications (including Tylenol/Ibuprofen, etc.): Note: ALL FORMS of pills or medication(s) must be listed on band information form. You must keep and administer your own medicine. All medicines must be in the original labeled bottle.
- ___ Large bag for dirty clothes (plastic garbage bag is fine)
- ___ Towels and washcloth
- ___ Alarm Clock and watch
- ___ Flashlight with extra batteries
- ___ Sunglasses/ glasses
- ___ Personal water bottle with your name on it, strong enough to last all week

NICE TO HAVE, BUT OPTIONAL:

- ___ Camera
- ___ Idea books for the evening activities.
- ___ Deck of cards, Frisbees
- ___ Paper and supplies for friendship mail
- ___ Costume for dance
- ___ Stationary and postage stamps (to write home – HINT!)

THINGS YOU SHOULDN'T BRING

The purpose of Band Camp is to build relationships with other members. Toward this end, we highly recommend that you leave distracting electronic items at home, including, for example, music players, cell phones, portable game players, hair dryers, and curling irons. If such items become a distraction to you or others, we reserve the right to confiscate the items and return them to you after.

Band Camp. Also please leave valuables such as cash and jewelry at home.